



## 2019 CPL TREK

# THE FACTS...



### What is it?

We'll Make a Change (WMAC) 2019 is both an individual and a team challenge to trek 22.5km through Brisbane's beautiful bushland. The course will be fully supported with checkpoints and experienced event staff.



### When and where is it?

Sunday 26 May 2019 from 6am - 2pm  
22.5km trek starting at Mt Nebo and ending at Enoggera Reservoir, The Gap.



### Registration Fee

\$800 for a team of 4.



### What is the fundraising goal?

\$5,800  
Registration fee to be refunded to teams who raise over \$5,800.



### Why should I get involved?

Not only will you be challenging yourself, you will also be supporting Queenslanders with disability and raising funds they so desperately need. Your help can unlock a brighter future of endless possibilities for people with disabilities.



### But it's a long walk!

Don't worry, we've got your back. We'll provide 8 weeks of training leading up to the Trek on a Saturday morning at Mt Coot-tha (6am-9am)



### Get your team together

Find 3 other like minded people and form a team.



### How do I register?

1. Email [carlee.hay@cpl.org.au](mailto:carlee.hay@cpl.org.au) or
2. Call **07 3358 8081** and...

**Step up to the challenge!**